



## Southgate Medical Group

### Annual Physical with Your Doctor... What to Discuss

- Blood Pressure
- Body Mass Index (BMI)
- Tobacco Use
- Mammogram (age 40 and up)
- Pap Smear/pelvic exam
- Colonoscopy (age depends history)
- Bone density testing (men and women)
- Tetanus Vaccine (TDaP)
- Pneumonia Vaccine
- Flu Vaccine
- Shingles Vaccine (60 years old and up)
- Human Papillomavirus Vaccine (HPV) (men and woman up to age 26)
- Hepatitis B vaccine for diabetics
- Blood tests:
  - Prostate
  - Hepatitis C blood test for “baby boomers” born 1945-1965
  - HIV age 13-64
  - Thyroid
  - Vitamin D
  - Vitamin B12
  - Cholesterol profile
- Health Care Proxy (for all ages)